From: Parks & Recreation Magazine
To: bbethune@cityofmyrtlebeach.com
Subject: [External]An Agent of Public Health
Date: Tuesday, June 2, 2020 11:10:45 AM

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Items for healthy living including fruits, vegetables, a scale, athletic shoes, hand weights and measuring tape. Photo by Siam Pukkato, courtesy of Dreamstime

An Agent of Public Health

The American Public Health Association (APHA) describes the public health field as a profession dedicated to "promoting and protecting the health of people and the communities where they live, learn, work and play." While the healthcare system focuses on treating people who are sick, the public health field focuses efforts on preventing people from getting sick, ill or injured in

the first place, while simultaneously encouraging healthy behaviors and driving equitable access to factors that influence health outcomes and well-being.

While there are many components of public health, APHA's description is just about as clear and straightforward as it gets. And perhaps the best part of this is that the words "public health" easily could be substituted with "parks and recreation" to describe the critical role that park and recreation professionals play as public health agents in communities around the world.

Read the full article

While we know your day-to-day work looks different during the coronavirus disease 2019 (COVID-19) pandemic, you can still stay connected to the latest industry news by reading *Parks & Recreation* magazine online in the same format as the print edition. NRPA is actively monitoring developments around COVID-19 and how it is impacting parks and recreation — head to our Coronavirus Disease 2019 (COVID-19) web page for the most up-to-date information on our response, as well as resources from NRPA, health organizations and federal agencies.

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Make Recreation Management — and Physical Distancing — a Walk in the Park

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VSI 1

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VSI 1

See what VSI cloud hosting can do for you and your community - check out a variety of no-obligation resources including a checklist, short video and items addressing COVID-19.

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